

# WEEK

## Where Am I Now?

### 1

### Group Discussion

- Review [Treatment Vocabulary](#) and [Group Rules](#).
- Share who you are, why you are here, and what you hope to gain from this experience.

### Homework

1. Please ask for your wife to write the [Good, Bad & Ugly Letter](#).

2. [Journal Entry](#)

Write your Fearless Relationship Inventory.

What have I been like to live with - the good, bad, and ugly?

Include reference to [How She Is Harmed](#).